

Short course – summer course 2023

QURANIC PSYCHOLOGY



THE PSYCHOLOGY MASTER
PROGRAMME, AHMAD DAHLAN
UNIVERSITY YOGYAKARTA
INDONESIA

Short course – summer course 2023

Type : English Taught

\Credits : 3 credits

Total Hours : 32 hours

Instructor (leader): DR. DR. Ahmad M Diponegoro, (
ahmad.diponegoro@psy.uad.ac.id)

Description : Quranic Psychology: overview

Quranic Psychology is a science that differs significantly from modern psychology, but, at the same time, meets the same criteria for a science. There are three criteria for a body of knowledge to be called a "science": First, it has to have a definite subject-matter (that is, the Quranic view of "self" and its components and functions) and the nature and activities of the thinking subject (that is, Muslims); secondly, that it possesses a systematic, organized and effective method (that is, Moral Psychology). Quranic Psychology has a goal to prepare us for our return to whence we came to strengthen or return to our fitrat Allah as the monotheist we were created to be through engaging our moral intelligence (MI).

Syllabus

No	Meeting	Title Course	Instruction
1.	First Meeting	1. Teaching and Learning Agreement 2. Explaining the key success of teaching and learning	Synchronous
2.	Second Meeting	A. Introduction: Why is the subject important for students? B. Discussion on "Quranic Psychology	Synchronous
3.	Third Meeting	2. The psychology of virtues and quranic psychology	Synchronous

4.	Forth Meeting	The benefits and challenges of Positive emotions in Quranic Psychology	Synchronous
5.	Fifth Meeting	Presentation	Synchronous
6.	Sixth Meeting	The benefits and challenges of Negative emotions in Quran	Synchronous
7.	Seventh Meeting	Wisdom and knowledge, Quran And the psychology of virtues	Synchronous
8.	Eighth Meeting	Character strengths and Quranic psychology	Synchronous
9.	Ninth Meeting	Presentation and discussion	Synchronous
10.	Tenth Meeting	Management Emotions and cognitive functions in Quran	Synchronous
11	Eleventh Meeting	Quranic cognitive test	Synchronous
12	Twelfth Meeting	Quranic cognitive test: Knowledge and Comprehension	Synchronous
13	Thirteenth Meeting	Quranic cognitive tests: Application and Analysis	Synchronous
14	Fourteenth Meeting	Quranic cognitive tests: Synthesis and evaluation	Synchronous
15	Fifteenth Meeting	Psychological benefits of Munasabah in Quran	Synchronous
16	Sixteenth Meeting	Presentation	Synchronous